



प्रो. डॉ. जसपाल एस. सन्धू

सचिव

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University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
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By Speed Post

D.O.F.No. 1-1/2015 (Secy)

14th May, 2015

Dear Sir/Madam,

This is in continuation of my earlier letter of even number dated 17th April, 2015 regarding observance of International Day of Yoga on 21st June, 2015 in a befitting manner. It is further desired to adopt the following activities during the celebration of International Day of Yoga on 21st June, 2015:

- (i) In the morning a **Demo by Yoga Practitioners** may be organized on Yoga Day. The willing students and faculties of the universities may practice Yoga as shown by the practitioners. The other students/faculties may, however, observe the same.
- (ii) The best participants of the Yoga Session may be awarded with **prizes & certificates** in a function to be organized on that day.
- (iii) **Yoga Exhibition on Yogic Postures** may be organized in a big Hall. The banners in this regard may be displayed for awareness in the campus.
- (iv) **Online Essay Competition** may be organized and the best students may be awarded with prizes and certificates.

Accordingly, you are requested to kindly observe the International Day of Yoga on 21st June, 2015 by adopting the above mentioned activities in your esteemed University and affiliated Colleges and send Action Taken to UGC by email (ugc.yoga@gmail.com).

With kind regards,

Yours sincerely,

(Jaspal S. Sandhu)

The Vice-Chancellor

All State/Deemed/Private Universities (670) as per list attached.

Copy to :

The Publication Officer, UGC for uploading on UGC website.

(Jaspal S. Sandhu)