



ज्ञान-विज्ञान विमुक्तये

प्रो. रजनीश जैन
सचिव

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Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
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D.O.No.F.1-54/2019 (Website/Fit-India)

30th September, 2019

Subject: Participation in 'Fit India Plogging Run' on 2nd October, 2019.

Respected Sir/Madam,

As you are aware FIT INDIA Movement has been launched by the Hon'ble Prime Minister on 29th August, 2019 to orient the citizens of this country on the path of fitness and wellness. Aligning with this vision, Higher Educational Institutions (HEIs) are requested to participate in '**Fit India Plogging Run**' being organised by Department of Sports, Government of India on 2nd October, 2019.

'**Fit India Plogging Run**' would be a befitting tribute to the Father of the Nation, **Mahatma Gandhi**, on his 150th Birth Anniversary. This event will promote the culture of fitness and cleanliness in all citizens as the participants would collect plastic garbage while running. The plastic garbage could be collected from the homes, streets, open spaces in the campus or along the path of the run.

Following the objectives of '**Fit India Movement**' to inculcate physical activity/sports into the daily life of citizens, the Vice-Chancellors of Universities and Principals of their Affiliated colleges are requested to make suitable arrangement for this event. A note containing the guidelines for the Run and a list of activities to be done by Institutions is also attached herewith.

Your cooperation is solicited in making this event successful.

With kind regards,

Yours sincerely,

(Rajnish Jain)

Encl.: As above.

To:

The Vice-Chancellors of all the Universities.