



प्रो. रजनीश जैन
सचिव
Prof. Rajnish Jain
Secretary



विश्वविद्यालय अनुदान आयोग
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
(Ministry of Human Resource Development, Govt. of India)

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Respected Sir / Madam,

As you are aware that the Government of India is celebrating 'Poshan Maah' in September, 2019 to improve nutritional outcomes in a holistic manner. Behavioural change at individual and community level is an important component to achieve the desired goals of the Abhiyaan. To achieve this objective, 'Rashtriya Poshan Maah, is being celebrated to focus on five critical components i.e. First 1000 days of the Child, Anaemia, Diarrhoea, Hand Wash & Sanitation and *Poshtik Aahar*.

Special program should be prepared for the students like safe drinking water, hand wash and sanitation to maintain cleanliness/hygiene and to have a balanced / healthy diet. POSHAN Dashboards may be displayed in the campus of the institutions. All the activities are required to be uploaded on Jan Andolan Dashboard Portal www.poshanabhiyaan.gov.in by the universities.

All the universities and affiliated colleges/institutions are requested to observe the above activities and share the detailed action plan on the above portal and ensure the celebration of Poshan Maah with fervour.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To,

The Vice-Chancellor of all Universities.

The Principal/Director of Colleges/Institutions.